

A Holistic Approach to Disease

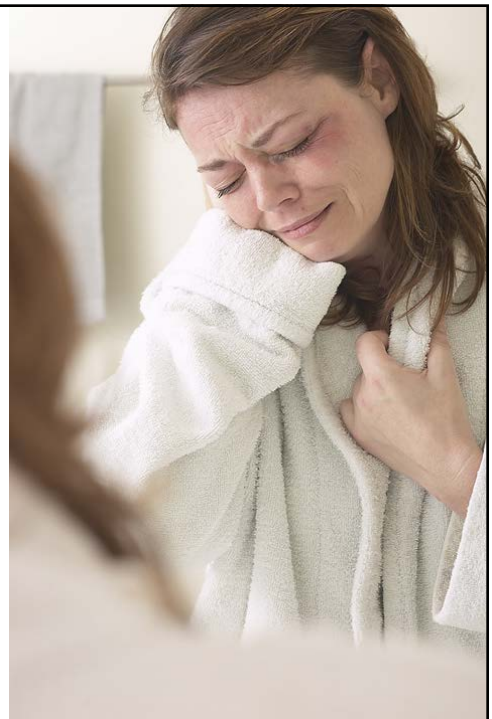
Part Two: Choosing Life and Health



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A Critical Issue

- I have observed that most people with multiple health issues were victims of abuse in childhood
- Extremely poor health habits and substance abuse are often a sign of extreme unhappiness and emotional pain
- Conversation with Dr. Rodier
- Caution: Scaring Off a Client



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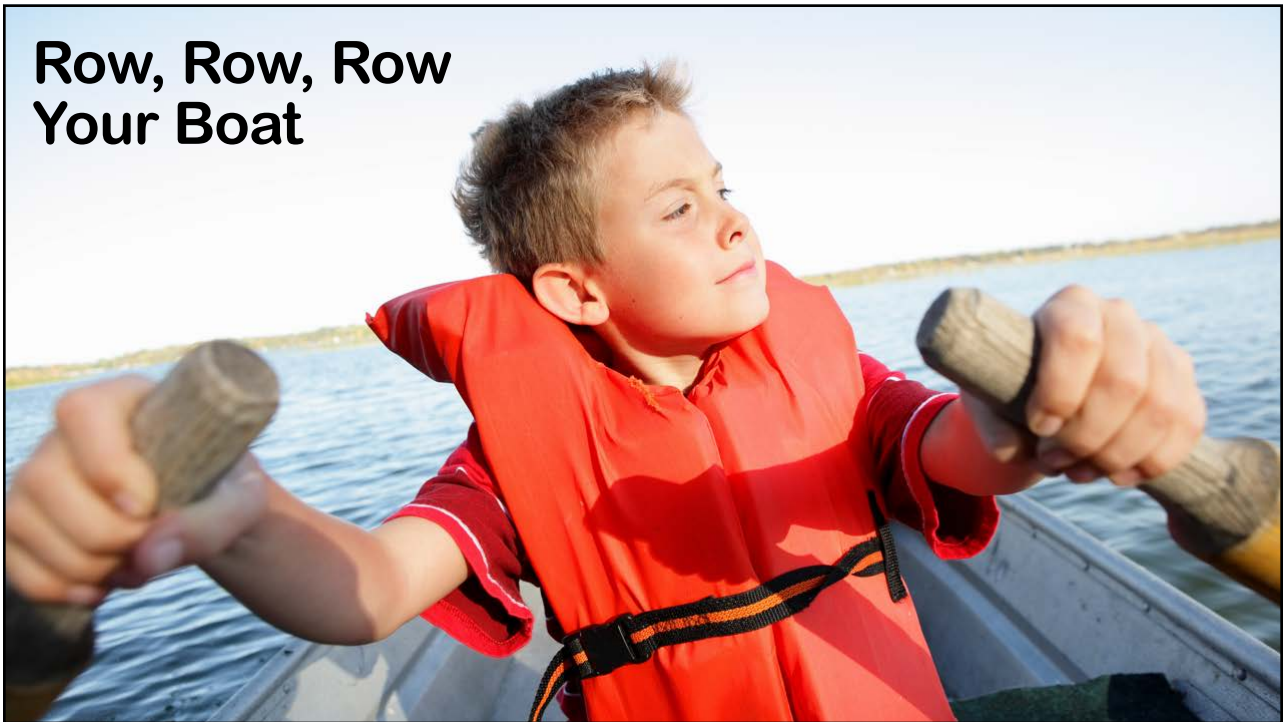
ACE Science

- Adverse Childhood Experiences (ACE) Science is showing that adverse childhood experiences affect health later in life
- These include: living with an alcoholic parent, racism, bullying, witnessing violence outside the home, physical abuse, and losing a parent to divorce
- The CDC-Kaiser Permanente ACE Study and subsequent surveys that show that most people in the U.S. have at least one ACE, and that people with four ACEs have a huge risk of adult onset of chronic health problems such as heart disease, cancer, diabetes, suicide, and alcoholism.
- Brain science shows this stress can adversely affect the function and structure of kids' developing brains.
- Toxic stress can impact every part of the body, leading to autoimmune diseases, such as arthritis, as well as heart disease, breast cancer, lung cancer, etc.
- Toxic stress can alter how our DNA functions, and how that can be passed on from generation to generation.

• Source: <https://acestoohigh.com/aces-101/>

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Row, Row, Row Your Boat



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Asleep, Drifting and Dreaming



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What is Real?

- This world in which we exist seems very solid and “real”
- People who don’t want to believe in things beyond what we can perceive with our senses often tell us to get “real” or be “realistic”
- The do not believe there is anything:
 - Supernatural (beyond the natural)
 - Metaphysical (beyond the physical)
 - Non-material (not part of the material universe)
 - Spiritual (as opposed to physical)



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- Think of all the vibrations that exist where you are right now
 - TV broadcasts
 - Commercial radio broadcasts
 - Two way radio (ham radio, police and fire radio)
 - Cell phone conversations
 - Internet data transfer
- These are all present, where you are, right now, but you have to have the right equipment to detect them


A Sea of Vibrations



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Transmission of this Webinar

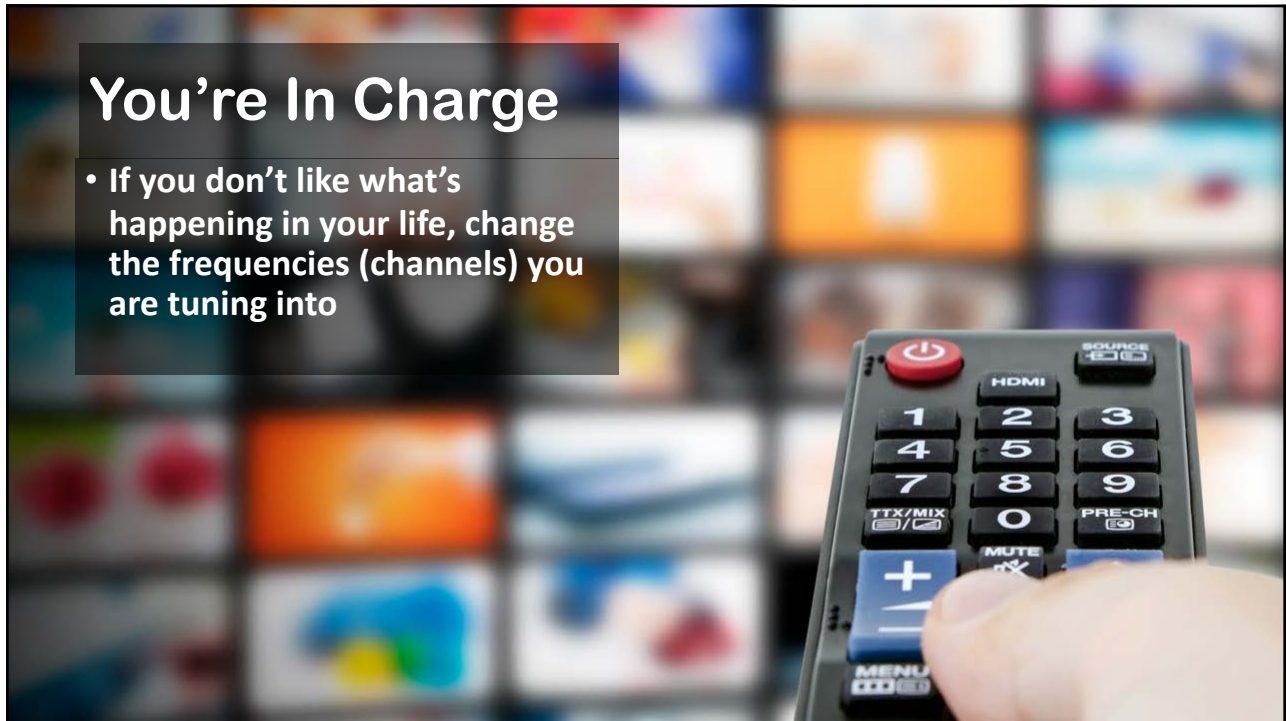
- Electrical pulses in my brain (brainwaves)
- Trigger muscular pulses in my voicebox via the nerves
- Which create vibrations in the air
- Which vibrate a membrane in a microphone converting them to electrical impulses
- These electrical impulses are converted into light waves on a fiber optic network
- Which are converted back into electrical pulses
- Which move a diaphragm in the speaker
- Causing vibrations in the air
- Which vibrate against your eardrum causing mechanical vibrations in bones
- These are converted back into electrical impulses in your brain



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You're In Charge

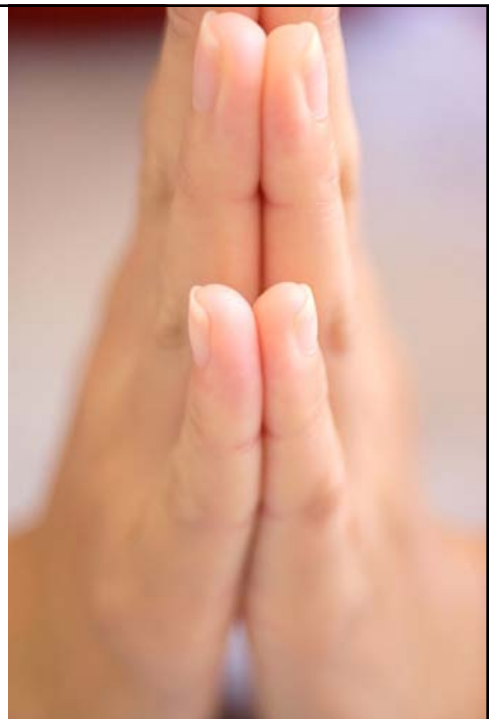
- If you don't like what's happening in your life, change the frequencies (channels) you are tuning into




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Faith and Health

- Placebo effect is proof that faith plays a large role all healing
- About 1/3 of people given a placebo receive benefits
- Nocebo effect is proof that belief also plays a role in disease
- About 1/3 of people given a placebo and told it has side effects experience those side effects
- In other words, faith works whether the result of the belief is a positive one or a negative one



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The “Voodoo Hex” in Medicine

- Doctors often tell people things like
 - This is an incurable disease
 - You have only six months to live
 - You’ll die if you don’t take this medication
- Alternative practitioners often tell people things like
 - If you get orthodox medical treatment for this, you’ll get sick (or diet)
- These are Voodoo Hexes, if a person accepts and believes them, their brain will seek to execute them and make them come true

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Overriding the Voodoo Hex

- It has been discovered that people who have been told by their doctors that they will die in a given period of time will survive past that time if they have a significant live event, such as a child’s marriage or graduation, beyond that date
- However, they typically die shortly after the significant event
- What if they found a purpose for living for the next ten years?



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Our Search for Meaning



- Viktor Frankl, an Austrian psychologist, who survived the death camps of Nazi Germany, discovered that a person can survive almost anything if they have a sense of purpose
- He wrote the book *Man's Search for Meaning* about his discovery
- If our only purpose in life is to live (eat, sleep, have sex, etc.) our lives become meaningless
- Do you have a higher purpose for your life?

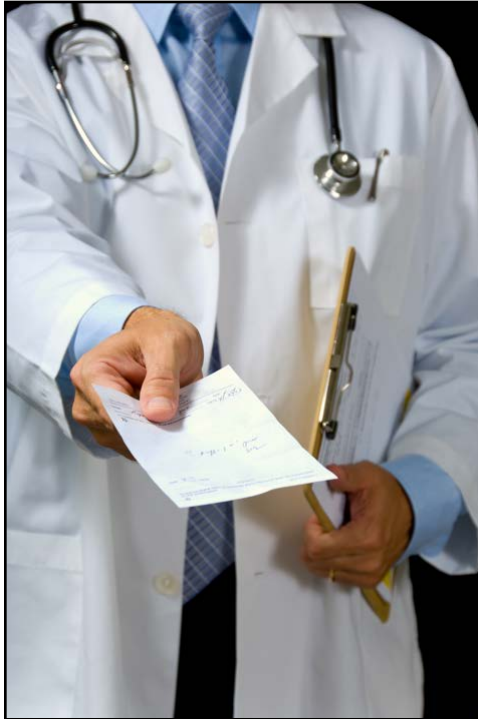
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The Death Sentence Recovery Question

- "If God miraculously grants you five more years of life what are you going to do differently?"
- Put another way, "Why should God give you a longer life if you continue to live your life the way you've already been living it (which is what lead you here)?"



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Diagnosis Can Act as a Voodoo Hex

- The disease labels people are given in diagnosis may act like a voodoo hex
 - “I have [this disease]...” is an affirmation that programs the brain to accept illness
- This is especially true with mental/emotional disorders
 - Mental Illness
 - ADHD
 - Obsessive-Compulsive Disorder
 - Schizophrenia
- This is the reason I have never liked disease labels


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Do the “Experts” Really Know?

- Heavier-than-air flying machines are impossible.
- Radio has no future.
 - Lord Kelvin (1824-1907), ca. 1895, British mathematician and physicist
- The horse is here to stay, but the automobile is only a novelty—a fad.
 - Advice from a president of the Michigan Savings Bank to Henry Ford's lawyer Horace Rackham. Rackham ignored the advice and invested \$5000 in Ford stock, selling it later for \$12.5 million.
- This ‘telephone’ has too many shortcomings to be seriously considered as a practical form of communication. The device is inherently of no value to us.
 - Western Union internal memo, 1878
- There is no reason for any individual to have a computer in their home.
 - Kenneth Olsen, president and founder of Digital Equipment Corp., 1977.
- Well informed people know it is impossible to transmit the voice over wires and that were it possible to do so, the thing would be of no practical value.
 - Editorial in the Boston Post (1865)
- From: <http://www.lhup.edu/~dsimanek/neverwrk.htm>
- Considering how often “experts” are proven wrong, why would you believe any doctor who says a condition is “incurable?”

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Miraculous Recovery



- There are many stories of miraculous healings
- These include people recovering from incurable conditions such as paralysis, end stage cancer, blindness and more
- I was raised hearing such stories
- In fact, I've seen a few miraculous healings myself

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A Birth Story



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- "... a state of mind wherein one recognizes and uses the power of positive thought as a medium by which one contacts and draws upon the universal store of Infinite Intelligence at will."
- "Faith is definiteness of purpose backed by the belief in the attainment of the object of that purpose."
- Hebrews 1:1,6 says:
 - Now faith is the substance of things hoped for, the evidence of things not seen.
 - But without faith it is impossible to please him: for he that cometh to God must believe that he is, and that he is a rewarder of them that diligently seek him.
- Faith is actually a creative power, which is exercised by everyone
 - "What the mind of man can conceive and believe, it can achieve" (Napoleon Hill)
 - "...with God all things are possible." (Matthew 19:26)



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An Interesting Idea

- Fear isn't a lack of faith, it's the exercise of faith in the wrong direction
- Fear is focusing your mind on the bad things that could happen to you
- Faith is focusing your mind on the good things you desire
- In other words, fear is believing in evil rather than believing in the good
- The most common message from the Divine in the Bible is, "Fear not..."
- How many doctors, including alternative healers, use fear to try to convince people to follow their advice?



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Faith and Healing

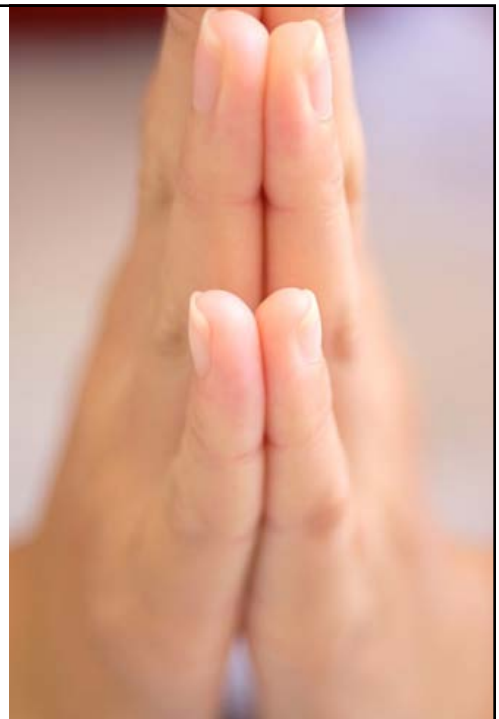


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“Why do the majority of prayers fail?”

“They don’t. All prayers bring that for which one prays.”

- **“Outwitting the Devil” by Napoleon Hill**



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Mark Twain: Letters to Earth

- From: OFFICE OF THE RECORDING ANGEL
Department of Petitions, Jan. 20
- To: Abner Scofield, Coal Dealer
Buffalo, New York
- “This completes the week's invoice of petitions known to this office under the technical designation of Secret Supplications of the Heart, and which, for a reason which may suggest itself, always receive our first and especial attention.”



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“But you said that definiteness of purpose is the only sort of prayer upon which you can rely. Now you say that all prayers bring results. What do you mean?”

“There is nothing inconsistent about it. The majority of people who pray go to prayer only after everything else fails them. Naturally they go with their minds filled with fear that the prayers will not be answered. Well, their fears are realized.

“The person who goes to prayer with definiteness of purpose and faith in the attainment of that purpose puts into motion the laws of nature which transmute one’s dominating desires into their physical equivalent...”

“One form of prayer is negative and brings only negative results. One form is positive and brings definite, positive results.”

“Outwitting the Devil” by Napoleon Hill

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Your Invisible Inner Ally

- “You have within you a mighty power, anxious and willing to serve you, a power capable of giving you that which you earnestly desire. This power has been described...as your subjective [subconscious] mind...I call this Power, “Emmanuel” (God in us).”
- “Regardless of the name of this Great Power, or the conscious admission of a God, the Power is capable and willing to carry to a complete and perfect conclusion every earnest desire of your subjective mind, but you must be in earnest about what you want. Occasional wishing or half-hearted wanting does not form a perfect connection or communication with your omnipotent power. You must be earnest, sincerely and truthfully desiring certain conditions or things...”

• From It Works by RHJ

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God as Supreme Infinite Intelligence

- The external universe, to thinking men, has always been an evidence of the existence of a *Supreme, Creative, Directing Power*. The heavens today still remain the sublime object of our investigation and speculation; they are indeed witnesses of some great power at work... Every process of nature is orderly. No chance, disorder, or chaos has been seen in the physical universe... The universe exists under a reign of perfect law. Prevalent order, such obedience to law, clearly implied intelligent planning and *definiteness of purpose*. Order is the product of intelligent direction. Men of science today declare that the universe appears as a product of *thought*! That conclusion is inescapable. There can be no thought without a thinker. The universe declares that there is intelligent purpose in nature and that, therefore, there must be a supreme *Infinite Intelligence* directing it.

• *PMA Science of Success*. Educational Edition. [The Napoleon Hill Foundation](#). 1983, Pgs. 83-84

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Infinite Intelligence and a Supreme Being

- “At this point we would like to explain just what is meant by the term *Infinite Intelligence*, because it is our opinion that no one may ever reach the state of mind called *faith* without a positive, definite belief in a *Supreme Being*.”
- “In arriving at such a belief and conviction, you may employ every faculty you possess. Observation, experimentation, feeling, prayer, meditation and thought are all legitimate approaches...all methods by which facts are discovered may be used in establishing your contact with this *Supreme Power*.”

• *PMA Science of Success*. Educational Edition. [The Napoleon Hill Foundation](#). 1983, Pgs. 83-84

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The Answer to Prayer is Often Knowledge or Insight

- Ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you: For every one that asketh receiveth; and he that seeketh findeth; and to him that knocketh it shall be opened.
- Or what man is there of you, whom if his son ask bread, will he give him a stone? Or if he ask a fish, will he give him a serpent?
- If ye then, being evil, know how to give good gifts unto your children, how much more shall your Father which is in heaven give good things to them that ask him?

Matthew 7-11

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A Second Birth Story



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Do You Have Faith or Are You Possessed by an Ideology?

Ideology

- Is belief in an idea, philosophy, doctrine, manner of doing things, position, etc.
- Possesses you and controls you
- Causes you to get upset and defensive when it is challenged
- Is something you want to preach or convince others is truth, and perhaps even use force or manipulation to get them to accept

Faith

- Is a confidence that with God's help you can overcome the difficulties of life and succeed
- Is something that you possess and control
- Does not need to be defended because you realize it is simply your choice
- Is something that influences you want to love and helps help others be happy, healthy and successful

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Purpose and Integrity

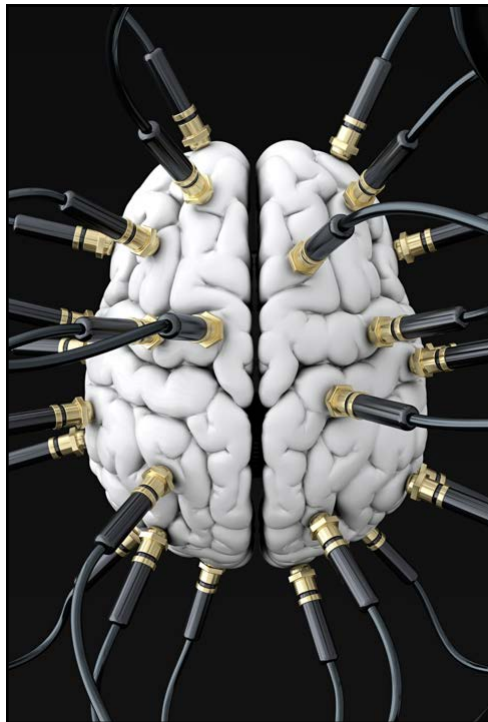
- If God has a purpose for everyone then health requires that one align with that purpose
- When a person is out of alignment with their purpose, they're not operating in inner harmony
- If a person thinks one thing, feels another and does something else, they are not **WHOLE**
- Whole = Healthy
- Divided = Diseased



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“How do you gain control of the minds of people?”

- “Oh, that is easy: I merely move in and occupy the unused space of the human brain, I sow the seeds of negative thought in the minds of people so I can occupy and control the space!”
- “One of my cleverest devices for mind control is fear. I plant the seeds of fear in the minds of people, and as the seeds germinate and grow, through use, I control the space they occupy. The six most effective fears are the fear of poverty, criticism, ill health, loss of love, old age and death.”
- Old Saying: An Idle mind is the Devil’s workshop

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“Who do you go about preparing human minds to control them?”

“I have countless ways... My greatest weapon is poverty. I deliberately discourage people from accumulating material wealth because poverty discourages men from thinking and makes them easy prey for me. My next best friend is ill health. An unhealthy body discourages thinking.”

“Any habit which weakens one’s will power invites a flock of its relatives to move in and take possession of the mind.”[Tobacco, alcohol, drugs, etc.]

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What is a “drifter”?

- **“A drifter has lots of options, but they are not his own. Most of them are supplied by me.”**
- **“A drifter is one who is too lazy mentally to use his own brain. That is the reason I can take control of people’s thinking and plant my own ideas in their minds.”**
- **My Thoughts: Drifters have no clear goals, vision or purpose for their life. They react to the circumstances of life allowing these circumstances to control their thoughts. In contrast, a non-drifter controls their mind, laying hold through faith on the things they desire, in spite of outward circumstances.**

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“Go ahead and tell me more about the methods by which you cause people to drift to hell with you.”

- “I cause people to drift on every subject through which I can control independent thought and action. Take the subject of health for example. I cause most people to eat too much food and the wrong sort of food. This leads to indigestion and destroys the power of accurate thought. If the public schools and the churches taught children more about proper eating they would do my cause irreparable harm.”



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Where should one begin when making a start at control over self?



“By mastering the three appetites responsible for most of one’s lack of self-discipline. The three appetites are (1) the desire for food, (2) the desire for expression of sex, (3) the desire to express loosely organized opinion.

“...these three are the ones which should be conquered first.”

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Self-Discipline and Food

“Take the desire for physical food, for example. The majority of people are so weak in self-discipline they will fill their stomachs with combinations of rich food which please the taste but overwork the organs of digestion and elimination.

They pour into their stomachs both quantity and combinations of food which the body chemist can only dispose of by converting the food into deadly toxic poisons.

These poisons clog and stagnate the body sewer system until it slows down in its work of elimination of waste matter... The victim becomes sluggish in his physical movements and mentally irritable and fussy...

People who eat wisely and keep their body sewers clean handicap me because a clean body sewer generally means a sound body and a brain that functions properly.



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Put Forth the Vibration of Love

- **“It is safe to say that all sickness and unhappiness come from a violation of the law of love. A new commandment I give unto you, ‘love one another,’ and in the Game of Life, love or good-will takes every trick.”**
- **“Good-will produces a great aura of protection about the one who sends it, and ‘No weapon that is formed against him shall prosper.’ In other words, love and good-will destroy the enemies within one’s self, therefore, one has no enemies on the external!”**

• **From The Game of Life and How to Play It by Florence Scovel Shinn**



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Love as a Healing Power

- "Feeling love is incompatible with insanity." Dr. Peter Breggin, Psychology
- Can you be a conduit for God's love to reach out and touch a deeply wounded person?
- Only if you "wake up" yourself and act from your Divine soul and not from your preset programming and belief systems



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“What brief message would you send to the typical drifter if you wished to cure him of this evil habit?”

“I would admonish him to wake up and give.”

Hill: “Give what?”

“Some form of service useful to as many people as possible.”

Hill: “So the non-drifter is supposed to give, is he?”

“Yes, if he expects to get. And he must give before he gets!”

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A Profound Idea



• **“What makes you happy or unhappy is not the world and the people around you, but the thinking in your head. As well”**

— **Anthony de Mello, *The Way to Love***

• **“Most people don’t dare give themselves that choice because they think its not under their control. Someone might say, ‘Well, of course I want to be happy, but my wife left me.’ In other words, they want to be happy, but not if their wife leaves them. But that wasn’t the question. The question was, very simply, ‘Do you want to be happy or not?’ If you keep it that simple, you will see that it really is under your control. It’s just that you have a deep-seated set of preferences that gets in the way.”**

— ***The Untethered Soul* by Michael Singer**

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Further Education

- Online emotional healing training (YouTube)
- A Holistic Approach to Disease (2020 member webinar series)
 - Jan 14 –Mood Disorders
 - Feb 11 – Heart Disease
 - March 10 – Adrenals and Stress
 - April 14 – Autoimmune Disorders
 - May 5 – Chronic Pain
 - June 9 –Diabetes
 - July 14 – Thyroid Disease
 - Aug 11 –Cancer, Part One
 - Sept 8 – Cancer, Part Two
 - Oct 13, – COPD
 - Nov 10 – Hiatal Hernia
 - Dec 8 – Parasites
- Member webinars
 - Monthly Membership \$19.95 month
 - 6-month membership \$99 (\$16.50 per month)
 - 12-month membership \$168 (\$14 per month)
 - Will also be able to purchase individual webinars \$20
- Also included:
 - Sunshine Sharing Hour
 - Previous Holistic Perspective and other Webinars
 - Rewrite Your Story
 - Co-Counseling Techniques
 - Empathetic Listening
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Question and Answer Period



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