

Exercising the Power of Faith



An Interesting View of the Universe



Spiritual Wisdom

- In the beginning, God spoke and said, "Let there be light" — Genesis
- "In the beginning was the word (logos) ..." — John
- Nada Brahma (the sound of God or God is sound) — Hinduism
- Various traditions from all over the world talk about God speaking or singing the universe into existence
- Speech = Word = Sound = Light = Name



We Are Creators

- We are made in the image of the Creator, so we are also creators
- You may not think of yourself as being creative, let alone as being a creator, but every waking minute of every day You Are Creating
- If nothing else, you are creating your own experience of life

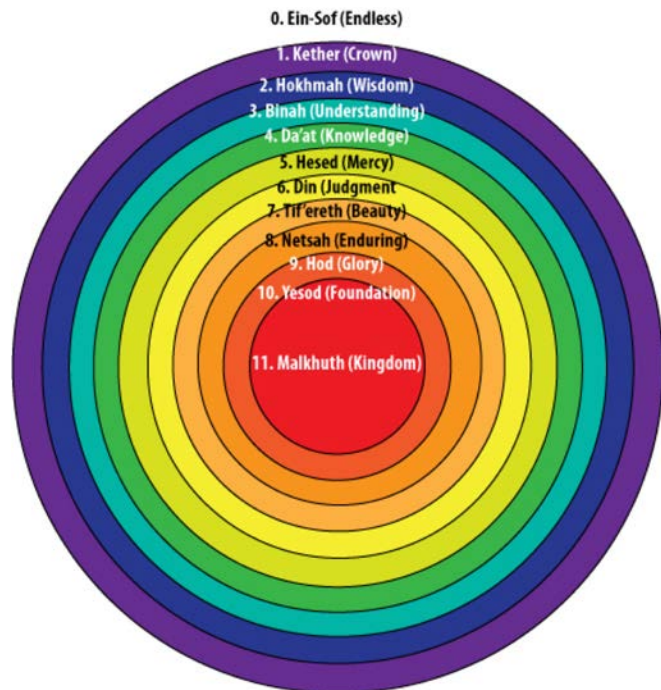
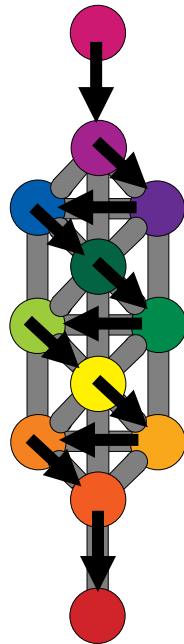


Look Around You...

- Everything in our human world started as an idea in someone's mind
- It was first conceived in the imagination and was then imaged-in to actual physical existence
- Everything begins with the idea (or ideal) formed in the mind



Lightening Flash of Creation



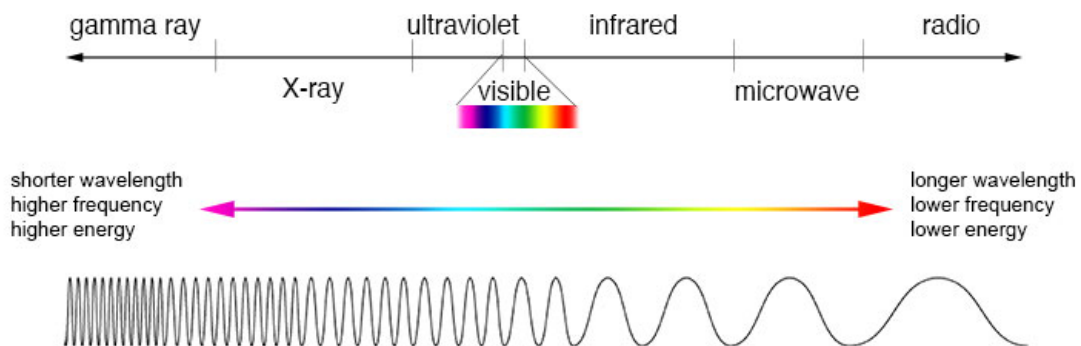
The Four Elements

- The Four States of Matter
 - Earth = Solids
 - Water = Liquids
 - Air = Gasses
 - Fire = Energy, Light, Plasma
- Water in the Four States
 - Ice (Solid)
 - Water (Liquid)
 - Water Vapor (Gas)
 - Fire (Energy)



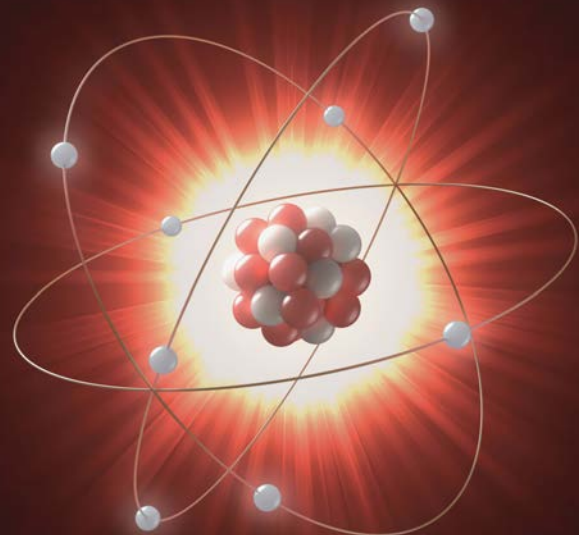
$E=MC^2$ and the Electromagnetic Spectrum

- Everything in the universe is composed of energy
- Matter is simply energy that is moving in tiny “packets” we call subatomic particles
- In reality, we exist suspended in a sea of multi-dimensional vibrations
- Our physical senses only pick up a small fraction of these frequencies

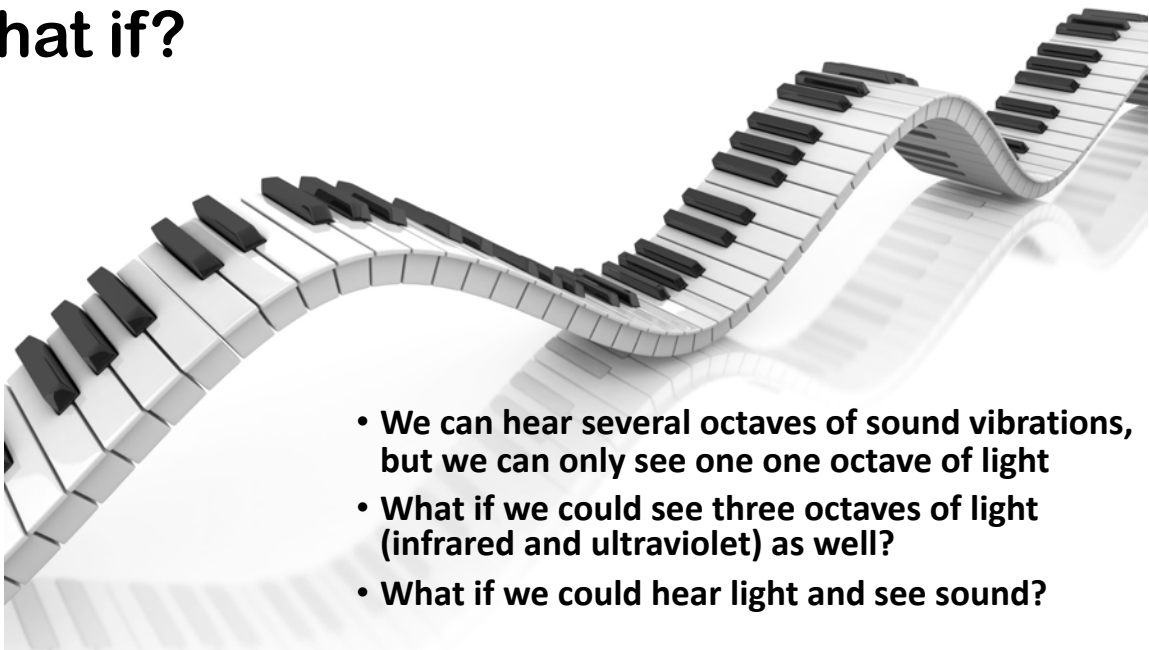


The Nature of the Universe

- An atom is about 99.9999+% empty space
- If a hydrogen atom were the size of the earth, the proton at its center would be about 600 feet in diameter
- For an atom six feet in diameter, the proton would be about as thick as a strand of hair
- In his book *Vibrational Medicine*, physician Richard Gerber actually describes all matter as "frozen light..."



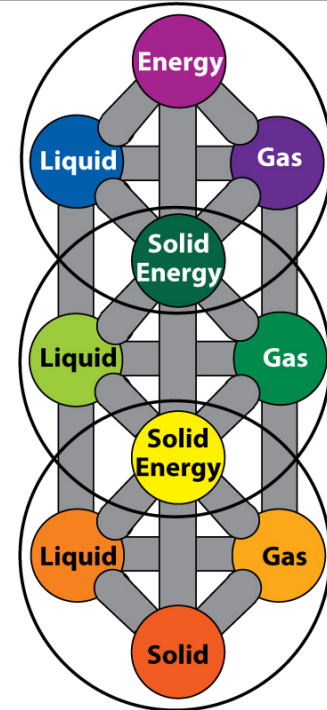
What if?



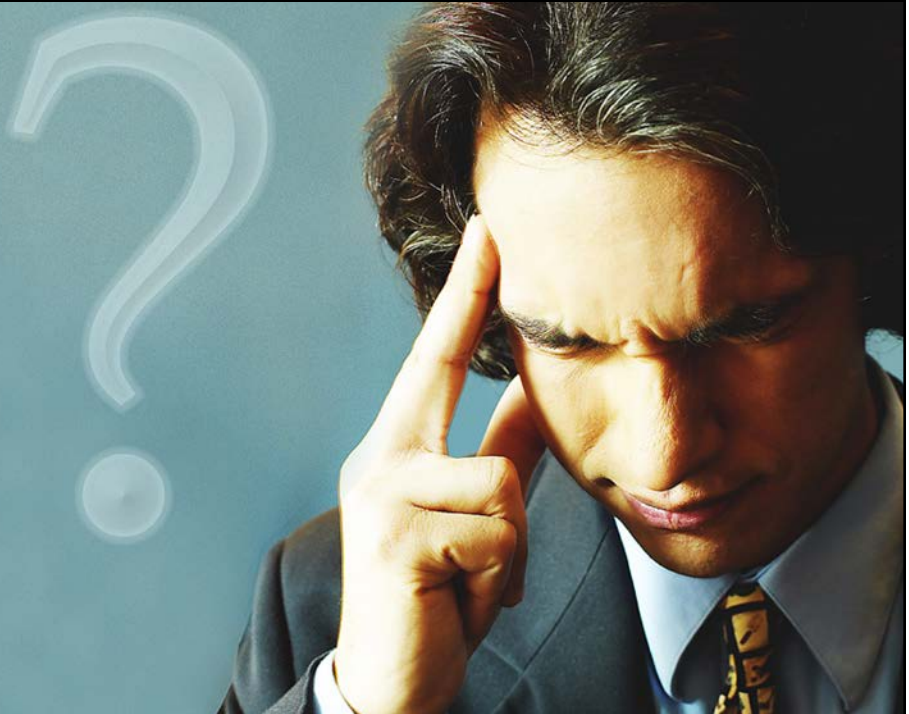
- We can hear several octaves of sound vibrations, but we can only see one octave of light
- What if we could see three octaves of light (infrared and ultraviolet) as well?
- What if we could hear light and see sound?

Quickening Frequencies

- **Lower World = Matter**
 - Solids
 - Liquids
 - Gases
 - Light or Energy
- **Middle World = Spirit**
 - Light is the “solid” element of the spirit world
 - Spiritual liquid
 - Spiritual gases
 - Spiritual light or energy
- **Upper World = Thought**
 - Spiritual “light” is the solid
 - Thought liquid
 - Thought gas
 - Pure light (consciousness)



Thoughts
are the
Father



Thoughts: The Starting Place

- “Thoughts become things. If you see it in your mind, you will hold it in your hand.”
- “Everything has been created twice once on a mental plain and once on a physical plain.”
 - Bob Proctor, You Were Born Rich



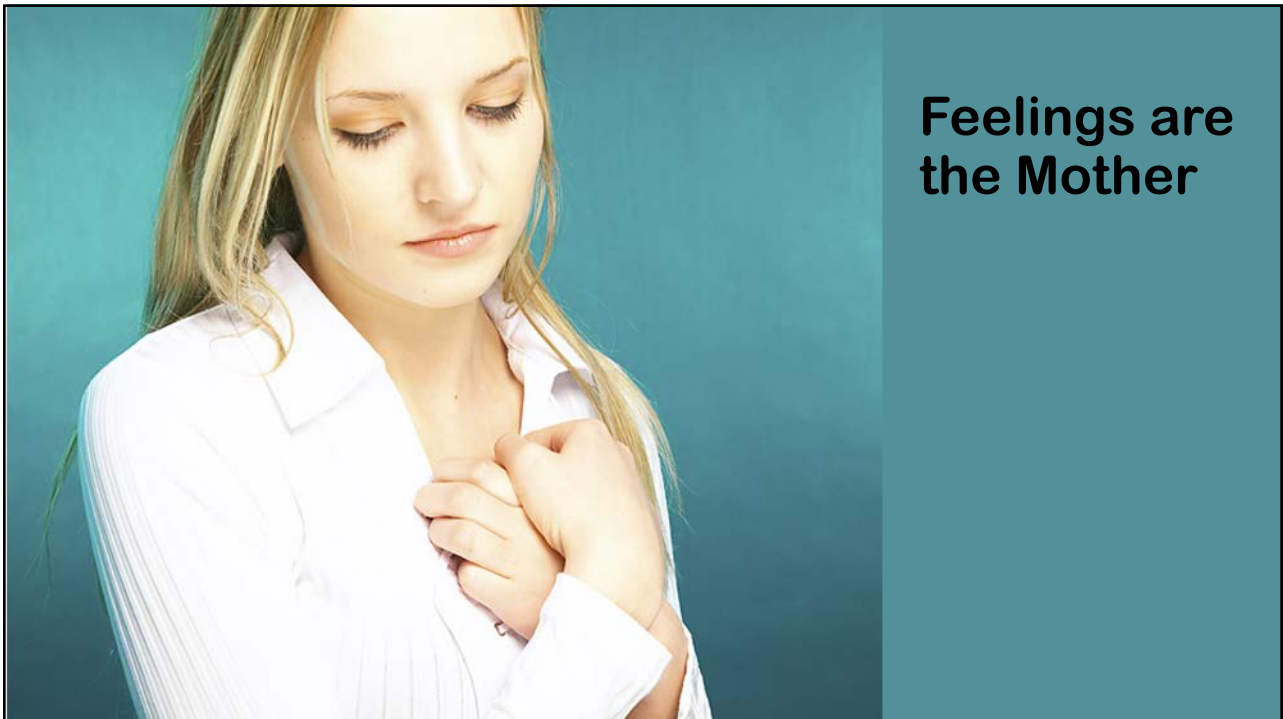
Thoughts as Things

- I hold it true that thoughts are things; They're endowed with bodies and breath and wings:
And that we send them forth to fill The world with good results, or ill. That which we call our secret thought Speeds forth to earth's remotest spot, Leaving its blessings or its woes Like tracks behind it as it goes. We build our future, thought by thought, For good or ill, yet know it not. Yet so the universe was wrought. Thought is another name for fate; Choose then thy destiny and wait, For love brings love and hate brings hate.
- Henry Van Dyke

Are You Ready to Receive?

- “There is a difference between **WISHING** for a thing and being **READY** to receive it. No one is ready for a thing, until he believes he can acquire it. The state of mind must be **BELIEF**, not mere hope or wish. Open-mindedness is essential for belief.”

- Napoleon Hill, Success Through A Positive Mental Attitude



**Feelings are
the Mother**

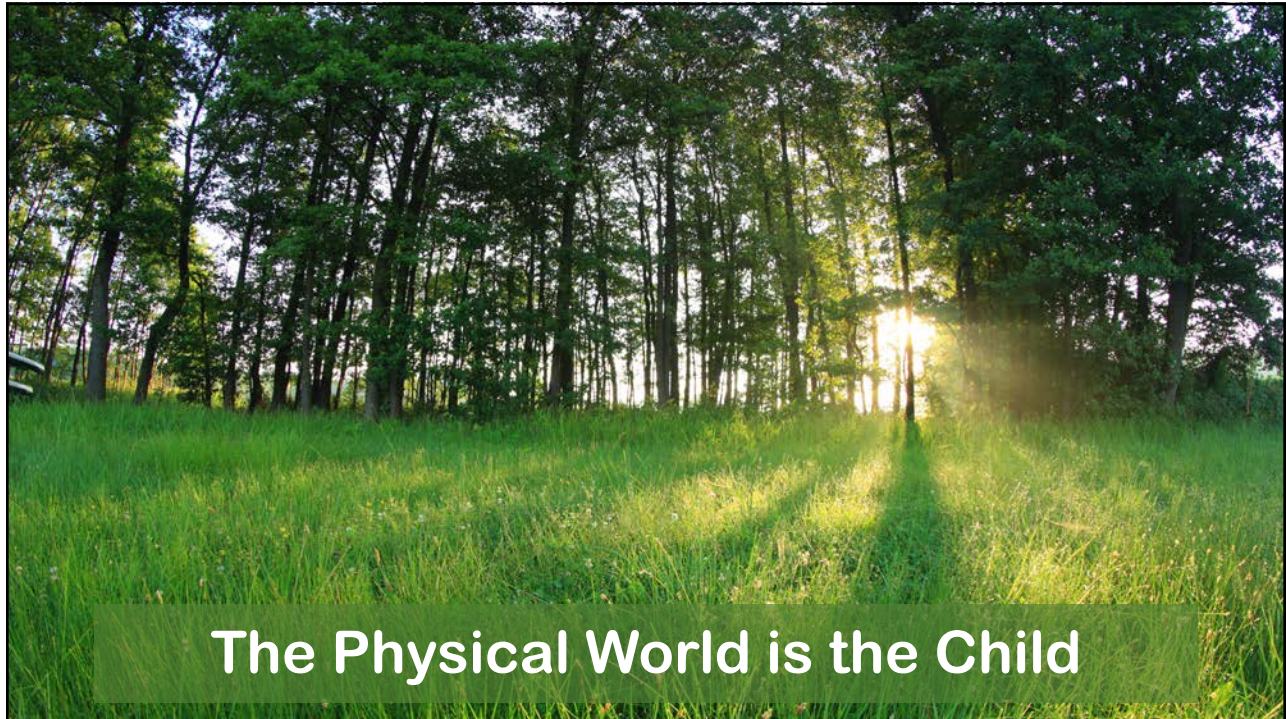
Emotion is the Spiritual “Currency” of Life

- The heart is the mind-body connection
- Emotion is the energy of motion, the life force that drives all action
- When you link a thought with emotions you are bringing that thought to life
- Emotion is Energy in Motion



Desire Fuels Results

- “The starting point of all achievement is DESIRE. Keep this constantly in mind. Weak desire brings weak results, just as a small fire makes a small amount of heat.”
- “When your desires are strong enough, you will appear to possess superhuman powers to achieve.”
 - Napoleon Hill



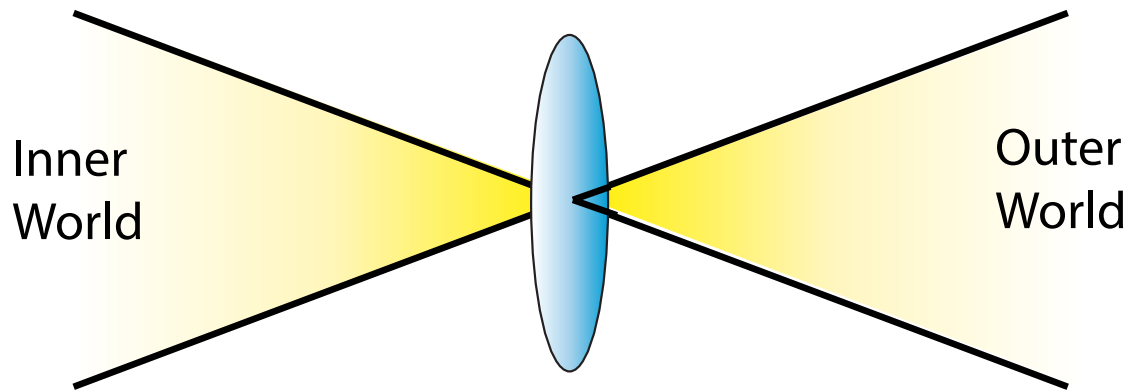
The Physical World is the Child

- The physical world we observe with our senses because it is manifest or seen by our senses
- The spiritual (or metaphysical) cannot be observed by the senses; it is unmanifest or unseen
- The spiritual is observed with the mind by seeing the relationship between objects and actions observed over time and felt through the heart



Physical versus Spiritual

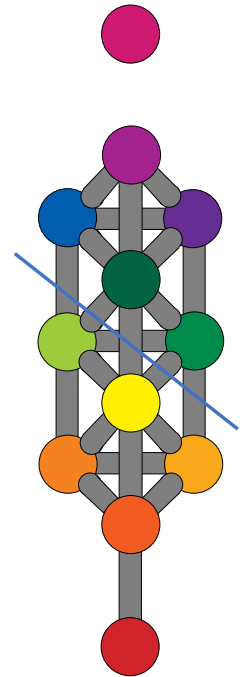
The Grand Illusion



- The illusion is that the outer world is creating our inner world
- The truth is that the outer world is a projection of what is taking place in the inner world

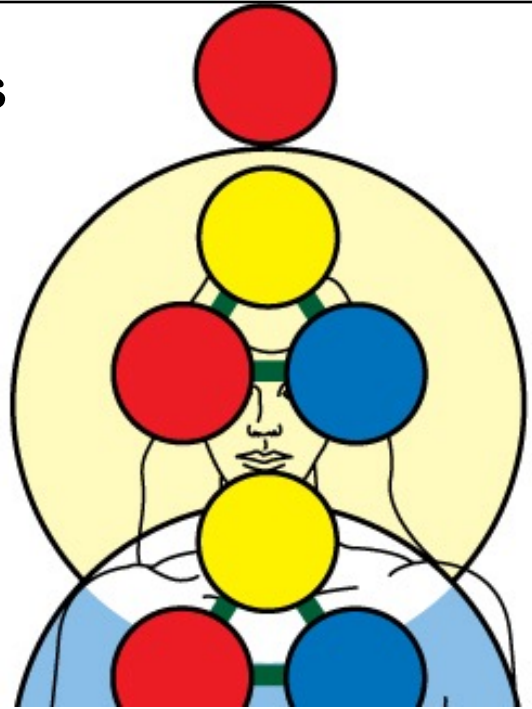
The Journey Through the Looking Glass

- As above, so below
- The upper world (0-5) is mirrored in the lower world (6-11)
- The pathway from 6 to 5 is a smooth reflective surface, i.e., a mirror and represented by the sound of K
- The pathway from 4 to 7, which crosses this barrio is represented by the letter L
- It is the path to “la la land” or the inner world



The Pathway to Oneness

- The pathway from wisdom (2) to kether (1) is the Hebrew letter “a”
- The “a” sound is found in the names of God worldwide
- However, in Hebrew this is a consonant, because there are no vowels in Hebrew
- It is a glottal stop, which means it is an interruption of sound
- In other words, it is the “sound of silence”



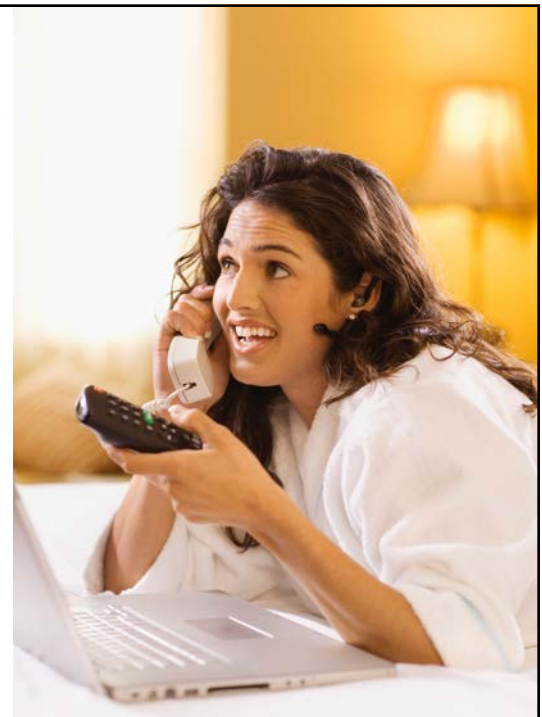
The Movie of Your Life

- When you watch a good movie, you get caught up in the emotion and drama of the story
- Even though the movie isn't real, you still react to it
- What if you are the watcher of your life and not the "story" of your life?
- More important, what if you are the writer of your life, participating in the story you are writing



Constant Distraction

- Modern society keeps us very distracted with so many different ways to keep our minds constantly occupied
- These distractions are like a drug that numb us to our senses and inner world
- They enable us to avoid having to face and deal with what is inside of us



Your Channel Control

- Just like you can change the channel on the TV if you don't like what you're seeing, you can change the channel of your mind
- The key is understanding that you can only focus your awareness on one thing at a time
- You change the channel by changing the focus of your mind



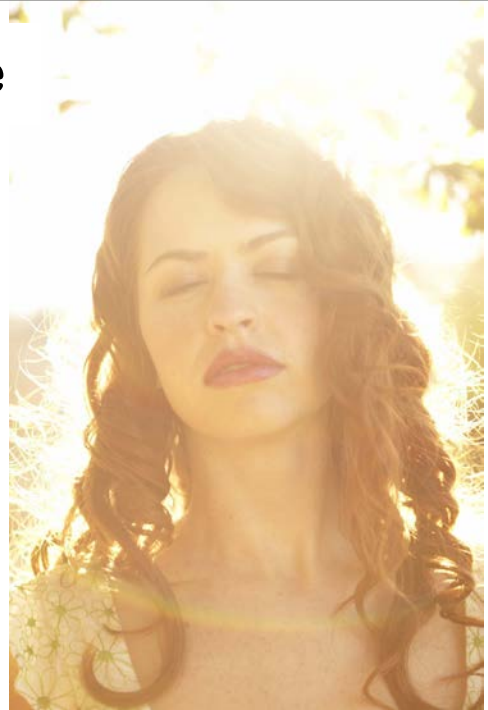
Inner Silence

- It is possible to focus the brain on something so intensely that the mental chatter stops
- This quieting of the mind is what creates a meditative state of mind, which has also been called sacred silence
- Learning to quiet the mind takes practice



Inner Vision or Dreamtime

- When one learns to still the pool of the mind it is possible to receive inner vision, or in other words to “have a vision”
- Native Americans called this “dreamtime”
- In the near Eastern culture, writers used phrases like the following to describe the content of “visions”
 - The angel of the Lord appeared...
 - I was in the Spirit...
 - The Spirit of the Lord was upon me...
 - The Word of the Lord came to me...



Faith

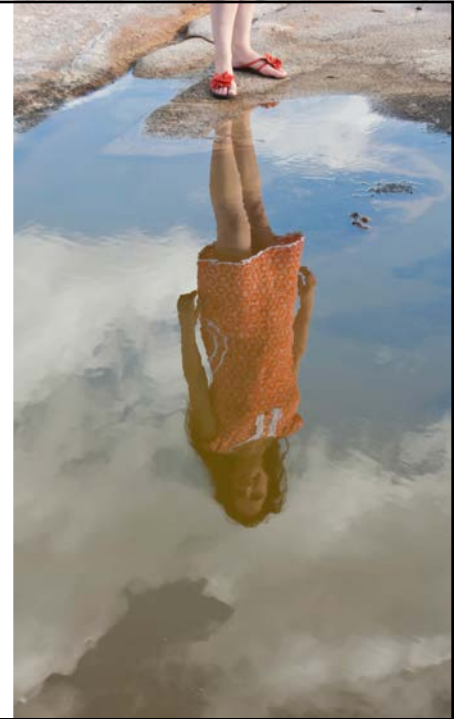
- Faith is “...the substance of things hoped for, the evidence of things not seen.”
- “But let him ask in faith, nothing wavering. For he that wavereth is like a wave of the sea driven with the wind and tossed.”
- Is faith the act of holding the desired outcome firmly in one’s mind and planting hope into one’s heart until one brings the image in the mind into material existence?



By the Still Waters...

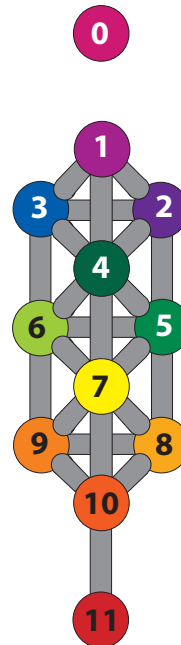
- “It is only when one’s turbulent, discordant thoughts are stilled and in quiet repose that he can comprehend the powers of this sacred font...It is into this quieted sea of...Spirit, when it is completely purified and stilled, that one can place his desires, or image them into it, and they will be fulfilled. This is the great secret to the gift to “imagine,” which literally means to “image in.”

—From *The Temple of God*
by Annalee Skarin



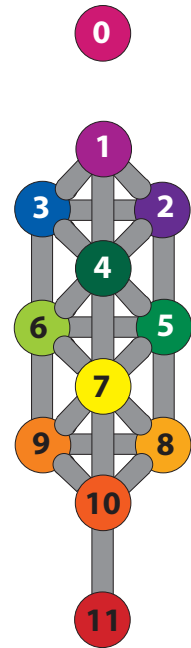
Human Development

0. Sexual desire and intimacy
1. Conception
2. Duplication of undifferentiated cells
3. Differentiation of cells (three layers)
4. Development of all organs and parts
5. Growth of completed fetus
6. Birth (separation of child from mother)
7. Nursing (Mother-Infant Bond)
8. Growth of the child
9. Leaving the nest (separation of child from parents)
10. Becoming a self-sufficient adult
11. Finding a partner (marriage and intimacy, back to 0)



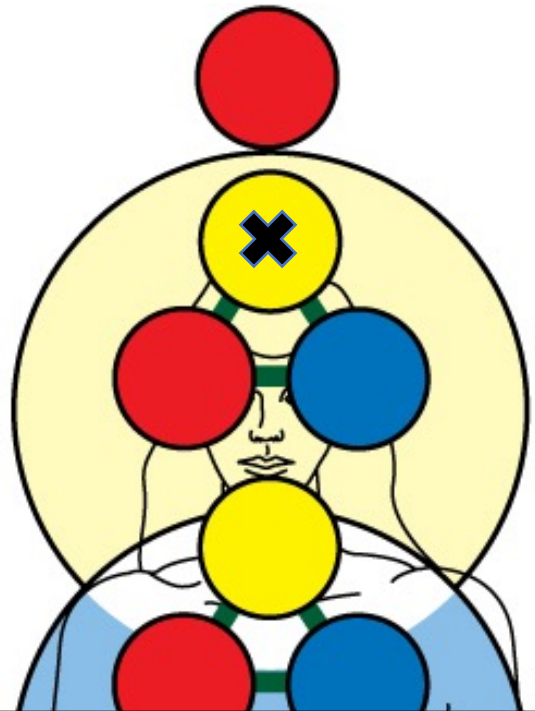
Creative Process

0. Question, problem, need, motivation (purpose)
1. Inspiration, insight, idea (equilibrium, pure intelligence)
2. Imagination, visualization (expansion, spiritual mind, wisdom)
3. Planning, organizing, creating steps (contraction, physical mind, understanding)
4. Desire to bring the idea to reality, sharing the idea (equilibrium, communication, speaking the word, knowledge)
5. Gathering resources (expansion, mercy)
6. Birthing the project (contraction, judgment)
7. Nurturing the project (equilibrium, relationship, balance)
8. Growth of the project (expansion, sustaining, renewing)
9. Project becomes self-sustaining, stable (contraction, wealth, glory, material substance)
10. Project completed (equilibrium, foundation)
11. Project is platform for new projects (kingdom)



Third Eye Center

- Perception, awareness, pure intelligence
- Associated with the pineal gland
- Bridge to higher worlds beyond the self
- Spiritual gifts, insight, ideas, revelation, inspiration, enlightenment, etc.



Positive Third Eye Energy

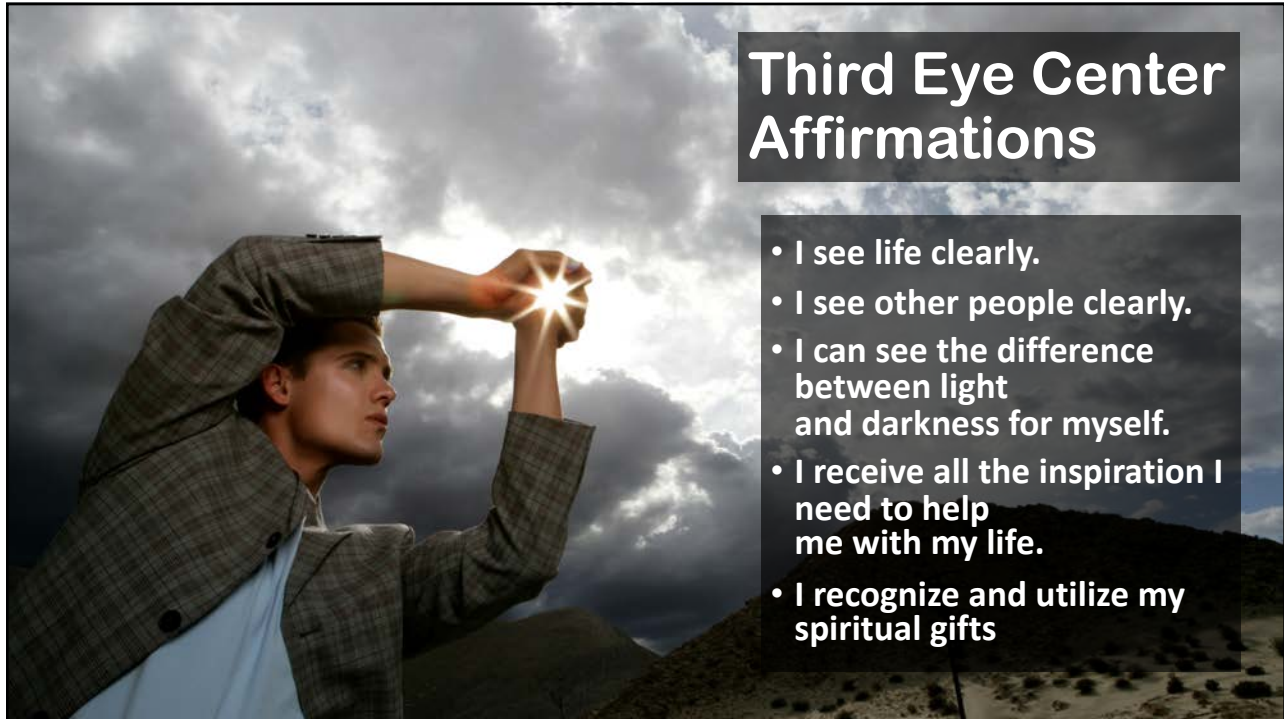
- Clear perception of life, the world around us and other people
- Discernment, being able to see the difference between light (truth) and darkness (illusion or falsehood) clearly
- Being able to receive inspiration and spiritual guidance and connect with the spiritual plane
- Recognizing and utilizing one's spiritual gifts



Sources of Third-Eye Wounds

- Self-delusion, not wanting to see the truth, clinging to beliefs and opinions that don't work
- Fear of acknowledging and utilizing spiritual gifts and inspiration





Third Eye Center Affirmations

- I see life clearly.
- I see other people clearly.
- I can see the difference between light and darkness for myself.
- I receive all the inspiration I need to help me with my life.
- I recognize and utilize my spiritual gifts

Third Eye Essential Oils

- | | |
|-------------------|----------------------------|
| • Angelica | • Lemongrass |
| • Amber | • Marjoram |
| • Atlas Cedarwood | • Myrrh |
| • Bergamot | • Peppermint/
Spearmint |
| • Clary Sage | • Pine |
| • Frankincense | • Rosemary
(pictured) |
| • Juniper | • Wintergreen |
| • Lavender | |

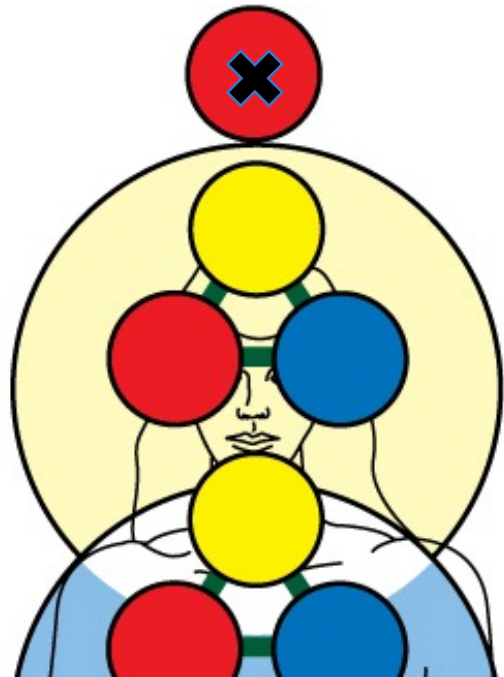


Flower Essences for the Third Eye

- Angelica (FES): Feeling cut off and lacking spiritual guidance.
- Black-eyed Susan (FES): Avoidance or repression of painful or traumatic parts of the personality.
- Chaparral (FES): Clears psychic toxins, relieves nightmares.
- Golden Ear Drops (FES): Helps access and release trauma from childhood.
- Monkshood (FES): Repression of spiritual nature.
- Mullein (FES): Unable to hear inner voice of conscience.
- Purple Monkeyflower (FES): Fear of occult or spiritual experiences, ritualistic abuse victims.
- Queen Anne's Lace (FES): Not wanting to see what is, harmonizes third eye and navel energy centers.
- Rock Water (Bach): Rigid, dogmatic beliefs.
- Star Tulip (FES): Feeling hardened or cut off, unable to meditate or pray.

Crown Energy Center

- Basic life energy
- Area where the soul enters the body
- Connection to the infinite
- Presence and connection to one's "higher self"



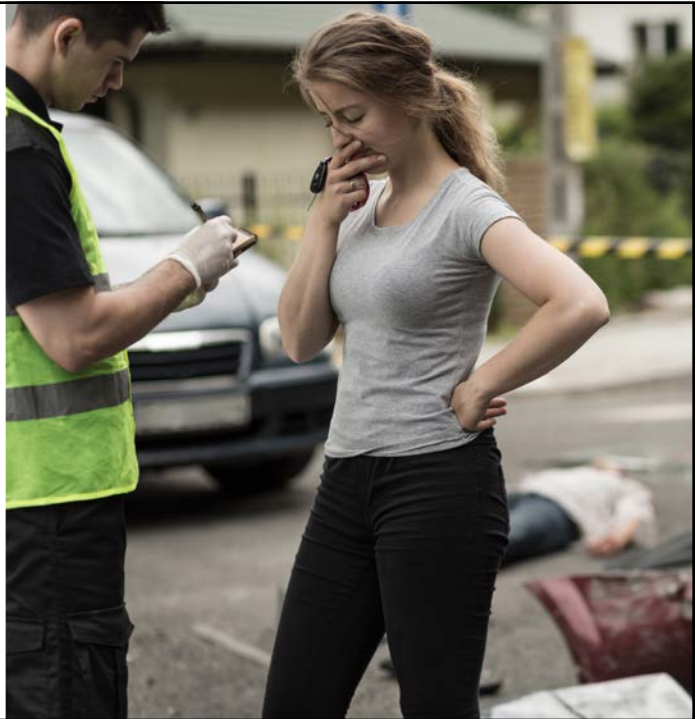
Positive Crown Energy

- Being fully alive and present in one's body
- Being connected to one's higher self or Divine Source
- Being fully embodied
- Able to be present in the moment



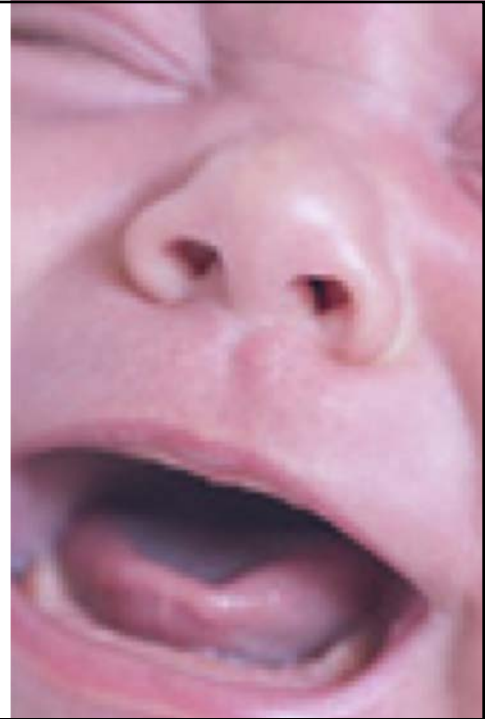
Sources of Crown Energy Wounds

- Birthing trauma (traumatic or difficult birth), not fully incarnating into life
- Severe trauma (automobile accidents, tragic events, etc.) that cause severe disassociation
- Ritualistic abuse
- Psychotic drugs



Birthing Trauma Issues

- Unwanted children
- After an ultrasound the parent learns that the baby will be “the wrong sex”
- Baby conceived too soon after the last pregnancy
- Baby conceived due to sexual assault/incest
- Pregnancy from due to an affair outside of primary relationship
- Baby conceived when a relationship was ending



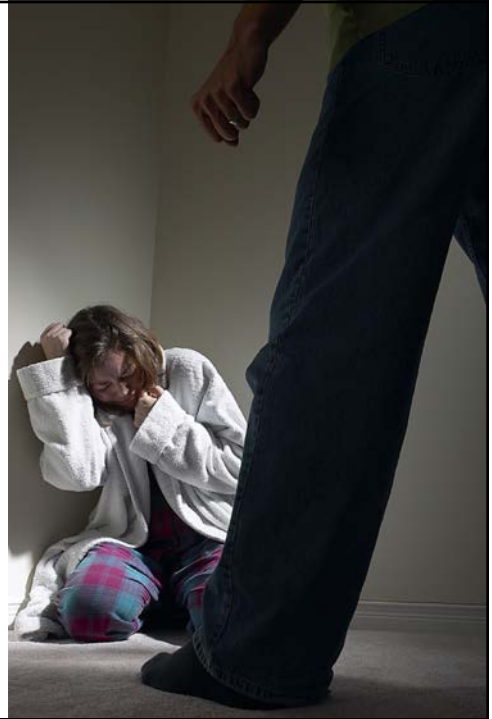
Possible Birth Trauma Issues



- Being awkward and uncomfortable in one's body
- Easily distracted, ungrounded, spacey, distant, eyes tend to float upward
- Difficulty forming emotional bonds with others as an adult
- Disliking being touched
- Daydreaming, inability to stay focused and present

Ritualistic Abuse

- Abuse done as part of Satanic rituals
- Is deliberately aimed at traumatizing a person and fracturing their personality, possibly opening them up for demonic possession
- Can be done as part of mind control
- This is perhaps the toughest form of abuse to do healing work with



Problems Associated with Crown Energy Center Issues

- Multiple personality disorder
- Severe schizophrenia or psychosis
- Nightmares and sleepwalking
- Distant, detached personality
- Severe lack of coordination or feeling in one's body
- Eyes float upwards, unable to focus attention
- Possession by other spiritual entities





Crown Center Affirmations

- I am fully alive.
- I am fully present in this moment.
- I am fully present in my body.
- I am happy to be alive and present in this moment.
- I am connected to the Divine Source.
- Power Affirmation: "I AM..."

Crown Essential Oils

- | | |
|---------------------------|----------------------|
| • Amber | • Lily of the Valley |
| • Angelica | |
| • Cinnamon | • Orange (Sweet) |
| • Eucalyptus | • Patchouli |
| • Frankincense (pictured) | • Sandalwood |
| • Juniper | • Vetiver |
| • Lilac | • Ylang Ylang |



Flower Essences for Crown Energy

- Angel's Trumpet (FES): Fear of death, denial of the spiritual world.
- Arnica (FES): Unconsciousness, shock, disconnection.
- Chocolate Lily (FES): Lack of embodiment and body acceptance (especially in women).
- Clematis (Bach): Daydreaming, impractical, poorly embodied.
- Corn (FES): Difficulty staying grounded, practical.
- Fringed Violet (Bush): Damage to the aura, lingering effects of trauma.
- Lotus (Bush): Top-heavy spirituality, disconnected from real life.
- Manzanita (FES): Feeling estranged from the earthly world, half dead, half alive, aids embodiment.
- Mariposa Lily (FES): Heals mother/infant bonding.
- Morning Glory (FES): Unable to be present in body.
- Shooting Star (FES): For birth or early childhood trauma, helps embodiment and grounding.